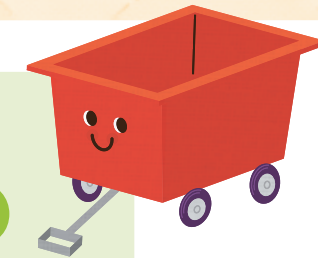


THIS MONTH'S THEME

Things That Go

This month, your baby is exploring *Things That Go*! Through songs, movement and hands-on play, they'll watch balls roll, cars zoom and toys tumble. Every push and roll helps your baby discover that their actions can make things happen. Their eyes will follow the motion, and their curiosity will follow right along with it.

Sing and dance at home with theme-based music!



READ EVERY DAY

Establish a reading routine to bond with your child through stories. Reading to your baby can help establish a predictable daily routine while also promoting brain activity, early literacy skills and language development.

Try this: Point and Name Pictures
Pointing to and naming pictures helps your baby build vocabulary as they connect words with the world around them.

How:

- **Point & Say:** Point to a picture in a book and say its name clearly, encouraging your baby to look where you're pointing.
- **Ask & Wait:** Ask "Where's the ___?" and pause to see if your baby points, looks or reaches toward the picture.
- **Echo Back:** Repeat the picture's name a few times using different tones to keep your baby engaged.

Tip of the Month: Read Anywhere:
Books can be part of everyday moments. Bring one along in the car, during bath time or while waiting at the grocery store.

Play & Learn at Home

Encourage different types of play with objects you can find at home or in nature. Below are three activities you can try at home related to the same type of play.



Stack & Nest

Does your baby notice what happens when a stack of cups wobbles or falls?

Young Infant

During tummy time, place a small stack of nesting cups within your baby's view. Gently shake the blanket underneath to make the stack wobble. Say, "Wobble, wobble!" Watch how they react as you change the speed.

Older Infant

Hold one edge of a blanket while your child holds the other, with a few stacking cups in the middle. Raise and lower the blanket together and watch them balance as the cups shift. Shake the blanket to knock the cups off and see if your child notices.

Young Toddler

Lay a blanket on the floor and stack a few cups in the middle. Invite your child to shake it with you and watch the stack tumble. Talk about "on" and "off" as you restack the cups together.

Does your baby enjoy picking up toys and placing them in a line or stack?

Young Infant

Line up a few blocks on the floor. Hold your baby tummy-down on your arm and "fly" them slowly over the blocks so they can reach out and touch each one. If they grab one, fly them to a nearby box to drop it in.

Older Infant

Make a masking tape line on the floor and set a box nearby. Place blocks along the line and encourage your child to grab them and drop them in the box.

Young Toddler

Make a masking tape line and fill a box with blocks nearby. Encourage your child to bring blocks one at a time and line them up along the tape. Work together to put the blocks back in the box when you're done.

Does your baby crawl toward the cups or reach out to grab and stack them?

Young Infant

While your baby is on their tummy, stack three paper cups within reach. Watch to see if they reach for the cups, then knock them over and say "Uh-oh!" Stack them again and repeat.

Older Infant

Sit across from your child and stack cups together. Roll a toy car into the tower to knock it over and clap when it tumbles. Hand your child a cup and ask them to add it to the stack.

Young Toddler

Scatter cups around the floor with a toy car hidden under one. Encourage your child to gather the cups and help you build a tower. See how they react when they find the hidden car.

BOOKS & NURSERY RHYMES



Things That Go Vroom
by Little Hippo Books

Baby Touch and Feel Things That Go
by DK

ROW, ROW, ROW YOUR BOAT

Row, row, row your boat
Gently down the stream,
Merrily, merrily, merrily, merrily,
Life is but a dream.

Reminders and Upcoming Information

